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PRESS RELEASE

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The Colchester Sexual Assault Centre Celebrates its 27th Anniversary on International Women's Day

Truro, NS: On this International Women's Day, the Colchester Sexual Assault Centre celebrates its 27th anniversary as an independent community-based non-profit organization located in Truro, Nova Scotia. Since its initial formation in 1992 as a program offered through the former local chapter of the YMCA, the Colchester Sexual Assault Centre has since expanded its programs and services to better respond to the ever-growing need for enhanced support options for those impacted by sexual violence.

"Although our organization supports anyone impacted by sexual violence, women and girls make up 84% of the clients we serve. Since the pandemic first began, we are also seeing an influx of past historical traumas resurfacing.", says Jamie Matthews, Executive Director.

Each year the Colchester Sexual Assault Centre provides over 1,300 hours of free counselling services and educates hundreds of our youth in the school system through prevention initiatives.

"On International Women's Day, we should pause and reflect on the epidemic of sexual violence and that 1 in 3 women and girls will encounter it throughout their lives. We should also take this opportunity to celebrate their strength and resilience, and that the Colchester Sexual Assault Centre will continue to support them along their healing journey. Sexual violence is not only a women's issue, it is a societal one, and we all must play an active role in prevention and awareness.", says Matthews.

ABOUT THE COLCHESTER ASSAULT CENTRE:

Located in Truro, Nova Scotia, the Colchester Sexual Assault Centre's services are available to anyone in Colchester Country, as well as Cumberland and East Hants, and beyond. Since its founding in 1992, and its formal incorporation in 1996, the Colchester Sexual Assault Centre (CSAC) is a community-based non-profit organization dedicated to strengthening, empowering, and supporting those impacted by sexualize violence in a gender-equitable, compassionate environment. The CSAC provides numerous programs and services, including confidential one-on-one counselling and emotional support to their support network, group counselling, education and prevention presentations, and community-based advocacy and awareness initiatives.

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